

RMT Vancouver

RMT Vancouver - Aura Cleansing - Cleansing the auric field could be performed by means of the healers hands or through using crystals. The point is to be able to eliminate dark energies or blockages of energy within the auric field. The healer then infuses the aura with light, reshapes and rebalances it and finally energizes it with positive energy.

BioGenesis - The process of BioGenesis is performed utilizing colored glass wheel that can harness energy and transfer the created energy into your energy body. The BioGenesis healer would normally have you lie on a table and try to get you to a state of deep relaxation. She or he places the small glass wheels on different areas of your physical body to be able to anchor the light of creation in your energy body.

Chakra Healing - Chakra healing goes deep to the core of your energy body and clears out blockages. It opens the channel which links your seven chakra centers. This energy healing is done in various ways and is can be successfully combined together with Emotional Freedom technique tapping and Rapid Eye Movement therapy.

Crystal Healing - Crystal healing practitioners utilize various semi-precious and precious stones and crystals in order to help heal and balance your energy body and physical body. By combining the vibration frequency of various colored stones together with the vibratory frequency of crystal energy helps regulate your energy field to a higher level.

Matrix Energetics - Created by Chiropractor Dr. Richard Bartlett, Matrix Energetics was designed to the idea of moving past curative concepts to the source known as the solution set. The techniques rely on the two point system archetype, on active imagination, gentle touch, likewise time travel and a set of 21 healing frequencies.

Qigong - Qigong translates as "energy cultivation" and is literally the "breathing- in" of results. There are four various forms to Qigong method including: the focused visualization, active movement, static hold of certain postures and using some tools like for example herbs and body manipulations. These methods are utilized to support and rebalance a healthy energy system.

Reiki - In 1922, the Japanese Buddhist Mikao Usui "discovered" or received - Reiki. These energy healers undergo a system of three degree levels. Each and every level works directly with the energy body. In Reiki, there are a series of set hand patterns over specific parts of the body. Normally, in Reiki there is no physical contact involved although, several Reiki practitioners could make use of some light touch over areas.

Shamanic Healing - Shamanic energy healers make use of spirit allies in order to assist their healing powers for others. Frequently, a Shamanic healing begins by taking a "visualization journey" whereas the Shaman rapidly beats a drum. In the end, the Shaman and the client are in a trance like state. After they have both relaxed into the trance state, the Shaman who is usually sitting or lying next to the client, will encounter angels, spiritual helpers, animal totems or the client's higher self to be able to find the problem inside the energy field and source the energy tools required to cure the issue.