

## Rehab Vancouver

Rehab Vancouver - EECF therapy is a fairly new outpatient treatment utilized for angina and heart failure. Sufferers of heart ailments may find the basic daily activities somewhat tough. Activities like for instance walking the dog or getting the mail can present certain difficulties. If you or someone you know experiences angina or heart failure, the non-invasive treatment known as EECF therapy can be beneficial. Statistics prove that roughly 80 percent of patients who complete the 35 hour course of EECF therapy report significant symptom relief that could last up to 3 years.

EECF therapy has shown to be a useful treatment used for heart failure and angina. Generally, treatments are given for one hour a day, 5 days a week for a total of 35 hours. A treatment session comprises lying on a comfortable treatment table using big blood pressure like cuffs wrapped all-around your legs and your buttocks. At particular times in between your heartbeats, these cuffs deflate and inflate. A continuous ECG or electro cardiogram is utilized in order to set the timing. This insures that the cuffs inflate while the heart is in its resting state where it usually receives its oxygen and blood supply. Next the cuffs deflate at the end of that rest period, just prior to the next heartbeat. The individual puts on a special sensor on their finger so as to check the blood's levels of oxygen. The sensor likewise monitors the pressure waves created by the cuff deflations and inflations.