

EMS Vancouver

EMS Vancouver - Constitutional Hydrotherapy is a process that combines electrical muscle stimulation or otherwise known as EMS with a cold compress and a hot compress. This therapy works by means of stimulating the immune system that allows the patient to be able to move about from a dominant sympathetic state to a relaxing parasympathetic state, helping to stimulate the healing process inside the body. The electrical muscle stimulation causes muscular tightening to increase lymph and venous blood flow.

Constitutional Hydrotherapy is even used as a complementary treatment meant for various physical conditions including respiratory infections, irritable bowel syndrome, asthma, premenstrual syndrome or pms and many other physical conditions to help support the immune system. Generally, patients can require up to ten treatments in order to notice benefits.