

## Vancouver Massage Therapy

Vancouver Massage Therapy - Manipulation of the visceral organs is a manual treatment which works on the visceral organs of an individual's body including the intestines, heart, liver, and abdomen. Once the first evaluation has finally been done, the hands of the practitioner would be lightly positioned on the organs that could be blocked and are not flowing with the normal rhythm of a person's body that could cause some form of physiological impairment. The objective of this particular treatment is to have normal motility and mobility, inherent tissue movement of the viscera and tone. Our bodies need normal motion so as to be in good physical shape and function correctly. Each time tissues become infected or swollen, they are known to lose natural motion.

Mobility is defined as the pulling and pushing of surrounding tissue. Visceral organs move in response to different outside forces which could be either involuntary or voluntary. The functional impairment of the organ implies constraint.

The kinetic expression of the tissues in motion or the organs active, fundamental movement is actually referred to as Motility. Inscribed in the visceral tissues are the embryologic axes and directions of those motions and they take place all-around a point of balance and moves in the direction of the median axis of an individual's body. This is called inspir and expir, and cycles between seven and eight cycles per sixty seconds. The aim of enhancing organ performance and re-establishing better physiological motion is acquired by way of utilizing certain techniques in order to treat areas of altered or reduced motion.