

Naturopathy Vancouver

Naturopathy Vancouver - Therapy which entails submerging either part of your body or your entire body into a bathtub filled with hot water or cold water is referred to as Immersion Bath Therapy. 100 percent organic European Moor Mud also called Balneopeat or essential oils could also be put in the water. The Moor Mud helps the detoxification process of your system, helps to rebuild natural skin function and supports blood circulation.

Immersion Bath Therapy is beneficial for relieving pain in muscles or joints, boosting metabolism, reducing swelling, decreasing and increasing blood flow and artificially inducing fever in your body in order to fight against diseases. This particular bath treatment helps to get rid of tension from the body and the nervous system.