

## Colonic Vancouver

Colonic Vancouver - Colon Hydrotherapy, also referred to as colonic irrigation, colonics or colon irrigation, is a process which gently flushes water inside the rectum to be able to aid in emptying the colon of toxins and mucus. Colon hydrotherapy treatment is utilized to ease constipation, help the body's detoxification process, help loosen the muscles of a tight colon, strengthen a relaxed colon as well as to be able to cleanse the colon through fasting. Colonics are indicated when there is an increase of toxicity and mucus levels inside the system. Dependent upon the patient's physical condition, either warm or cool water could be used.

Though lots of conditions will show a benefit to colon cleansing, there are some instances where this therapy is not utilized. Possibly life-threatening or very life-threatening colon conditions which affects a patient like for example intestinal obstruction, intestinal bleeding or swollen hemorrhoids are particular times when colon hydrotherapy is not utilized. Colon hydrotherapy is even contraindicated in hypertension and pregnancy.